



## 2010 Arctic Winter Games Cross Country Skiing

Feb. 13, 2010

Schedule is subject to change without notice

DAY	TIME	EVENT	CATEGORY	VENUE
<b>Sunday, March 7</b>				
	11:00am - 11:30am	Team Tour & Venue Briefing	All	Wapiti Nordic Ski Centre
	12:00pm - 2:00pm	Training	All	Wapiti Nordic Ski Centre
	2:00pm - 3:00pm	Team Captain/Coaches Meeting	All	Wapiti Nordic Ski Centre
<b>Monday, March 8</b>				
	<b>8:30 AM</b>	<b>Opening Ceremonies</b>		<b>Wapiti Nordic Ski Centre</b>
	10:00am - 12:30pm	Classic Distance Events (Interval Start)		Wapiti Nordic Ski Centre
		5.0km	Junior Male	
		5.0km	Junior Female	
		5.0km	Juvenile Male	
		5.0km	Juvenile Female	
		2.5km	Midget Male	
		2.5km	Midget Female	
	12:30 PM	Medal Presentations		Wapiti Nordic Ski Centre
	1:30pm - 2:30pm	Team Captain/Coaches Meeting	All	Wapiti Nordic Ski Centre
<b>Tuesday, March 9</b>				
	10:00am - 2:00pm	Free Technique Sprint Event (Qualification Interval, Elimination Heats)		Wapiti Nordic Ski Centre
		750m	Junior Male	
		750m	Junior Female	
		750m	Juvenile Male	
		750m	Juvenile Female	
		500m	Midget Male	
		500m	Midget Female	
	2:00 PM	Medal Presentations		Wapiti Nordic Ski Centre

	3:00pm - 4:00pm	Proposed Team Captain/Coaches Meeting	All	Wapiti Nordic Ski Centre
<b>Wed., March 10</b>				
	10:00am - 1:00pm	Training/Weather Day		Wapiti Nordic Ski Centre
<b>Thurs., March 11</b>				
	10:00am - 12:30pm	Free Technique Distance (Mass Start)		Wapiti Nordic Ski Centre
		10km	Junior Male	
		10km	Junior Female	
		7.5km	Juvenile Male	
		7.5km	Juvenile Female	
		5.0km	Midget Male	
		5.0km	Midget Female	
	12:30 PM	Medal Presentations		Wapiti Nordic Ski Centre
	1:30pm - 2:30pm	Proposed Team Captain/Coaches Meeting	All	Wapiti Nordic Ski Centre
<b>Friday, March 12</b>				
	10:00am - 1:00pm	Classic Relay (Mass Start)		Wapiti Nordic Ski Centre
		3 x 5.0km	Junior Male	
		3 x 5.0km	Junior Female	
		3 x 5.0km	Juvenile Male	
		3 x 5.0km	Juvenile Female	
		3 x 2.5km	Midget Male	
		3 x 2.5km	Midget Female	
	1:00 PM	Medal Presentations & Closing Ceremonies		Wapiti Nordic Ski Centre
	1:00pm - 3:00pm	Coaches Fun Relay	All	