



# Extracurricular Games Activities

## 2010 Arctic Winter Games Exhibit

Heritage Discovery Centre - Centre 2000, 11330 - 106th Street

Monday - Friday: 8:30 am - 4:30 pm  
Saturday - Sunday: 10:00 am - 4:30 pm

Featuring:

- The History of the Games
- The Arctic Winter Games Pin Collection
- Stained Glass Drums from each contigent.
- Artifacts from the Circumpolar World
- Admission for this exhibit is free.
- If you are interested in a group tour, please phone ahead to (780)-532-5790.



## Grande Prairie Museum's Polar Challenge

10329 - 101 Avenue (Across the bridge from Muskoseepi Park)

Monday, March 8 - Friday, March 12, 2010

Program Times: 9:30 - 11:30 a.m. or 1:00 - 3:00 p.m. Age of group: Suitable for ages 6 and up.

Participate in the Grande Prairie Museum's Polar Challenge! Learn to play traditional Inuit Games and how these games relate to life in the Polar region. The cost of the program is included with the price of regular admission to the Grande Prairie Museum. Special group rates are available for this program. Please call the program coordinator at (780) 830-7086 for more information or to schedule your program.

## 1's a Purchase, 2's a Pair, 3's a Congeries!

Grande Prairie Museum Rodacker/ Campbell Gallery

Why do people collect? The fascination of objects is the foundation of any individual or museum collection. In this exhibit, local and regional community members showcase their treasured private collections which celebrate the diversity of our community culture.

## The Heritage of Winter Sports in the Peace Country: An Evening of Reminiscences

Thursday, March 4, 2010 • 7:00pm • Grande Prairie Museum

### Fitness Place Schedule - Drop in Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPIN with Laurie 6:15 am	SPIN with Richard 6:15 am		SPIN with Laurie 6:15 am	SPIN with Richard 6:15 am	
MIX IT UP MONDAY with Sari 9:15 am	CARDIO BLAST with Colleen 9:15 am	SPIN with Colleen 9:15 am	CARDIO BLAST with Colleen 9:15 am	CARDIO BLAST with Sari 9:15 am	CYCLE CIRCUIT with Jessica 9:30 am
	CHISEL & SCULPT with Colleen 10:30 am		CHISEL & SCULPT with Colleen 10:30 am		
STEP STRENGTH with Sari 5:25 pm	TOTAL BODY WORKOUT with Sari 5:25 pm	CYCLE CIRCUIT with Lisa 5:25 pm	SPIN with Lisa 5:25 pm		

Call in (even the day before) to book a SPINS bike 780-538-0455! Spring Schedule in effect until June 27, 2010\*

### Weight Room Schedule

MONDAY - FRIDAY	SATURDAY & SUNDAY
5:30am - 9:30pm	9:00am - 9:00pm

### Childcare Services - Monday - Friday 9-11:30am

Our Childcare service is available for children 8 months to 6 years. Participate in fitness, weight training, or swimming while your child enjoys a supervised playtime. Please send your child with small, nutritious snack time. No food containing nuts please. All snacks must be labeled with child's name

## The Leisure Centre Pool Arctic Winter Games Schedule March 6-14, 2010

During the Arctic Winter games why not warm up at The Leisure Centre  
Enjoy our swimming pool, waterslide, hot tub and dry sauna  
with additional public swim times Monday thru Friday from 1-3pm

	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30-6am	User Group Rental		User Groups Sharing With Lane Swim	User Groups Sharing With Lane Swim	User Groups Sharing With Lane Swim	User Groups Sharing With Lane Swim	User Groups Sharing With Lane Swim
6-6:30am							
6:30-7am							
7-7:30am							
7:30-8am							
8-8:30am	Lane Swim & Limited Edition Family Swim		Lane Swim & Ltd. Edition Family	Lane Swim & Ltd. Edition Family	Lane Swim & Ltd. Edition Family	Lane Swim & Ltd. Edition Family	Facility Maintenance
8:30-9am							
9-9:30am							
9:30-10am							
10-10:30am	Lane Swim	Lane Swim & Public Swim					
10:30-11am							
11-11:30am							
11:30-12 pm	User Group Rental						Lane Swim & Ltd. Edition Family
12-12:30pm							
12:30-1pm	Public Swim		Public Swim	Public Swim	Public Swim	Public Swim	Public Swim
1-1:30pm							
1:30-2pm							
2-2:30pm							
2:30-3pm							
3-3:30pm	Rental Space	User Group Rental Birthday Space	Swim Lessons & User Group Rentals	Swim Lessons & User Group Rentals	Swim Lessons & User Group Rentals	Swim Lessons & User Group Rentals	User Group Rental & Birthday Party Rental Space
3:30-4pm							
4-4:30pm	Lessons Birthday Space	Rental Space					
4:30-5pm							
5-5:30pm	Public Swim	Family Swim	User Group Rentals	Public Swim	Family Swim	Public Swim	Family Swim (Stay For Public)
5:30-6pm							
6-6:30pm							
6:30-7pm	Rental Space	Rental Space	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Rental Space
7-7:30pm							
7:30-8pm							
8-8:30pm							
8:30-9pm							
9-9:30pm	Rental Space	Rental Space		Lane Swim	Lane Swim	Lane Swim	Rental Space
9:30-10pm							
10-10:30pm							
10:30-11pm							



The City of Grande Prairie welcomes all visitors & participants!

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